

## Broken People 20<sup>© Xen.</sup>

~OR~

### Past lives recall

Grab your goodies hit AB hold on here we go. Past lives be careful about exploring them because you were not there but someone from your bloodline egregore was and fooling around with that could land you into more trouble than ever imagined. Try to find out your family lineage and bloodline wounds if possible before exploring such dark unknowns. Wounded healers and past life regression hypnotists often get into more deep trouble than s/he ever bargained for entering this area of metaphysics and mind. Web cult glitter kiddies on Youtube and elsewhere can mislead one into a lot of trouble proper worse than a class clown can mislead a class idiot. These fakir gurus are trying to recruit and trap disciples into their budding cults.

Run from them for your sake. Spiritual awakening as it were is not a cakewalk in the park. This is also termed as a Kundalini awakening. These misguided and ignorant people who post videos with s/he dressed up in metaphysical woo-woo regalia and such saying how wonderful it was to awaken from the dream out of the Matrix are pied pipers misleading unwary into trouble. If they promise you the way for sale you don't want it! The only recommended literature is Lobsang Rampa a Tibetan Monk who wrote a series of books in the 1960's that are still available today freely on the net. He scatters his wisdom among them to keep thrill seekers from using his wisdom for harm and gain. Rampa took some serious tarring from status Quo religions for exposign truth about them and religions much as did Jesus for telling masses they did not need the church for salvation. Lobsang died some time back but his stuff has many helpful hints for those of you seeking spiritual knowledge walking your evolving path. His number #1 rule was anyone selling the way to spirituality is a fakir. I suppose all offer something of value but read them only after knowing what is truth so you can spot what is not truth. Nuff said.

In the singularity and astral dimensions time and space does not exist as it does in duality physical time & space realms, which means a **recall can be from future or past** to a soul existing in a real time now duality continuum consisting of two separate poles or opposites.. Problem with the future is one never understands meaning of the vision or dream in now time. Only after undergoing the experience does the vision message make sense now. (Universal law) prevents one from knowing the future before it happens. I don't care what you read in Sci-Fi books or saw on TV or cinema or what your scientific Maharishi or Guru fortune teller says. My personal experience is that I cannot understand a future vision now because I do not have all the information that I need to do so making sense out of the message. **Deja Vu or as already seen as a future moment vignette, freeze frame, viewed from the past is made from this stuff too – I have been here or seen this before or as already seen now– is made from this stuff too.** All that hocus pocus shit on Lame-Mass media and pageantry religion is special effects smoke, mirrors, and digital tricks with a vague core of unseen truth nested into it made for dumb-mass entertainment.

Moreover, beings that oversee this domain must obey physical domain laws just like we do. None are above them. They can bend them like we humans learn to do but not break them. They cannot alter destiny or now in any way that it changes the future or one's fate. They cannot force us to do anything like humans do to each other through coerced fear and violence. That is how I know a helper being from ego or other dark beings toddling around on this world. Guides or helpers whisper the message then let the matter drop. **Never do they use fear, violence or force.** They are not allowed to break laws of free will and free will not choice using coercion, violence, fear or other human based pain. A human must always, without exception be allowed to choose via free will. Divine Karmic Law controls consequences that must always be part of free will choice by the person choosing! When someone forces one to do an act, that person owns the karma of cause effect cause and effect. Ie, When I convince a class idiot to do something the person already has his or her mind made up per his or her disposition to do it anyway. I use the person's disposition as means to an end. As a class clown, I only give an idea to the person that s/he has not yet thought up. I learned that raising a daughter in giving her battle plans when warring with her more experienced mother. Moreover, like a group of kids what one does not dream up another will. If the group is mischievous to start with that is the type of trouble it will get into. Every group has a leader thinking up the idea that group followers obey. Group dynamics control American sheeple flocks. Religions are that mostly. All any person or group lacks is contributor ideas to an agenda.

In school, I knew that and used the knowledge to convince a class idiot prankster to do the pranks. I observed this a lot in an evil way in workplace and school environments. A workplace or school bully would use useful idiot flying monkeys to do his or her dirty work. Knowing that allowed one to figure out ways to turn them on the bully. First rule of sabotage is turning the enemy's tools against it or self while using them to personal advantage.

For example, use an enemy's fuel dump as a distraction when hitting ammo or weapons areas such as very vulnerable aircraft staging flightline of parked aircraft. Does not take much to ground an aircraft for good if one knows where to hit an Achilles heel. One does not need a bullet or bomb to do that. Cut the right wire bundles or puncture or contaminate a fuel or lubricant tank or tire and she no fly. Use a flaming fuel dump as distraction away from one's activity in aircraft in a staging area or flightline tarmac while doing unseen hidden damage grounding an aircraft fleet to limit losses to my men on our side of the war. **It is the knowledge of where and how to do it that is my point here.** Anyone with that and guts to do it can destroy and damage anything. When dealing with an enemy even civilians, turn their systems harming you against them. Return their medicine that they never expect of see coming until after it has already hit them. Hit and run or sniper tactics work best. Use their procedures against them...works every time, and every time.

Guides or proactive helper suggestions repeatedly saved Viktor Frankl from dying in Nazi death camps when the helper messenger whispered to him 'don't get on that convoy....' He listened and lived. Those that got on it were taken to the next camp, locked into wooden barracks and burned to death when Nazi's set the place on fire

covering up its atrocities from approaching Russian soldiers when WW2 ended. Captured Russian soldiers were among those prisoners. Read *Man's Search for Meaning* by Viktor Frankl for more information. His predestined purpose for coming here and surviving all that torture was to survive and write his message to the rest of us!

**Next time you feel insignificant and your life seems worthless while going through hell remember that could be your life's calling too! That might be Simple as writing a book as Frankl did in his message to humanity saving untold masses from similar suffering? What seems like a disaster in the details could become something much different in the bigger picture!! Rembrandt learned that! In one of his masterpieces that he almost destroyed and threw away he made what seemed like a mistake when viewed up close. But when viewed well back that mistake is what gave the whole painting the punch making it VOILA! VOILA! Masterpiece! Each of us is like that masterpiece. What seems to us the end of our world and life as we know it in a bigger context that disaster is what changes our dreary drab world into the masterpiece of our true calling to this earth. Believe me there infinite callings other than feeding rice to starving hordes in India that are just as meaningful in the bigger picture. That is when one becomes aware that the unsuccessful suicide that blinded us to it would've been a serious mistake after all. In that bigger context perhaps the pain is where one learns to love from his or her pain and suffering. Mother Theresa for example. It is the wound where light enters the heart, Rumi said.**

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Aliens or what ever you want to call it do walk among us: **fish in the ocean cannot see birds flying in the sky, can they?** PTB know that and hold such knowledge as secret power controlling earth's human masses. PTB have no special powers they just convince masses through Chicken Little useful idiots that they do. **Their power is in holding knowledge and then knowing what to do with it.** That is the fallacy when people say Knowledge will set you free. The statement actually reads ***Knowledge of the truth sets one free.*** It is ***KNOWING IT AND*** how you use that knowledge of truth that enchains or

*sets one free!* If one never uses it s/he remains a enchained slave to ignorance same as one who does not know the truth!!!! It is having the key to your jail cell which is of no use if the prisoner never uses it to unlock the cell door leading to freedom.

**THAT IS HUMANITY IN TOTO. IT LAZILY WANTS A MESSIAH TO OPEN THE DOOR AND LEAD IT BY THE HAND TO THE PROMISED LAND OF FREEDOM!!!**

So it creates gods and idols instead of growing up. People do not want freedom! They want bread, wine and circus' tents to shelter them a children!!! Just as children want a cookie, milk, a blankie, Froofie the dog circus and a safe warm place to nap.

**HUMANITY STILL SEEKS RETURN TO THE GARDEN OF PARADISE LOST AEONS AGO BY A WOMAN'S DECEIT AND DISOBEDIENCE**

**PTB gave humanity enslavement labeled as heaven on earth instead of paradise.**

World masses are slave to laziness in not using truth that exists everywhere in plain sight to find their bliss. **Humans create their horrors not aliens, god or Satan** it is humans that imagine and create their all their evils such as War then releasing them from Pandora's box of curses. **All the great myths tell us that.** Biblical texts are books of old myth. Those texts are purloined and plagiarized bastards of myths stolen from other cultures that created them! **Nothing original exists in christian biblical texts.** However immature and irresponsible human masses of adult-children refuse to accept what they create and do to each other when influenced by them.

**THE DEVIL MADE ME DO IT AND I AM HE.**

**Pogo said, We have found the enemy and it is us. I have found the devil and I am he. THE ONLY SATAN IN THIS WORLD IS IN EVERY HUMAN.** Nazis copied to a fault the longest, most brutal and bloodiest genocide known in human history that occurred on US soil hunting and butchering Native American Indians and their Buffalo to brink of extinction during European colonization of the North American continent. Nazi's used American's example as the model in their final Jewish solution during WW2. It was human imagination NOT GOD OR SATAN OR SPACE ALIENS that created that horror and put it into practical application that murdered hundreds of millions of innocent men, women, babies and children in cold blood and butchery. That is why Holocaust and Human genocide memorials exist and do not go away. **They are reminders of human depravity and the darkness DEVIL that lies in every human being ever created to so that each of us can choose whether ever to do them again!!** Yet, humans are daft in repeating these same errors or sins with impunity.

Think not? Take a look at Blood Eagle below. A human thought up that evil torture and from historical accounts did it to another human being as a form of entertainment called torture and to instill fear. God, Satan or an Aliens did not do that!!!

Another human did it. Humans take their fears and evils fashion them into deities called idols to worship or blame as in the Devil or god made me do it excuse!!!! Like the class idiot who blames the class clown for putting him up to it. That fool chose to do it, got caught in his crime and has to do the time. Nope you made you do it out of fear or greed and desire for a gain; the idiot wanted attention. The Sin was in getting caught for sin of committing it in a police state spider web!!!

PTB know and use that against their slaves as means to a bad end so they can build better human rat traps, slave houses and controls. People betray, murder, cripple, and harm others including their kin and families & kids because of desire to gain something. Ie. A grandmother or mother sells her child son or daughter into child slavery such as prostitution so that she does not have to work supporting self or the kid. Humans using their kids as chattel is old as the species. A Draft animal for income? No different than using a water buffalo, mule, horse or cow to some folks whatever it can provide as a profit its owner is game to self-profit. Meat or sex or labor to the owner it's all the same if it brings home bread and butter or dope money. Human child slavery was a given in America at turn of 1900 through the first 3-5 decades of that century. Kids in coalmines and other very dangerous industry were very common and accepted in this country. My dad was at 7-8 sold into child slavery in America during Great Depression years by grandma to feed she and his siblings. Dad wore those scars his whole life. Eating out of restaurant garbage cans searching for food to bring home to his mom and siblings was apropos for kids of that era. He was lucky untold numbers of children starved to death in America because of Socialist wrongheaded economic policies. The great depression was created and orchestrated on purpose by US Socialists intent upon breaking American's independence to its yoke of socialist slavery. It worked with terrible consequences to people like my dad and children like him. When Army drafted dad, he thought he was in heaven in the chow hall. All I can eat of clean, fresh food? Someone pinch me I am in heaven.

**He was always hungry childhood starvation if it does not kill them does that to people. Socialism is evil I tell ya.** Lt. Rafal Gnowicz a polish freedom fighter against communism which socialism dressed in drag was quoted in reply when asked what was it like to kill a man, he said, 'I don't kill men I only kill communists [socialists].' Reducing them to animals to do so. Don't get up about that they only see dumb-masses that is you and I, Binky as shit under their jackboots. Think not? Revisit the Nazi death camp history. Humans were viewed as that to mistreat with such cruelty. **Ayn Rand the greatest female mind of the 20<sup>th</sup> century quoted 'communism is suicide through a gun barrel; socialism is suicide through the voting booth and ballot box.'** ***So pick your poison.***

Childhood slavery especially in the sex trade industry goes on right here in America probably by someone in your church living in a pious, self-righteous, christian neighborhood! The holy church was a monopoly peddling prostitution and drugs millennia ago. The holy church owned first opium trade monopoly between orient and Europe in Roman age! It also ran the pussy trade and why it was so hard on girls giving it away free you know the fornication rap! Penalty was death by bludgeoning or stoning.

Not because of giving away pussy but in getting caught robbing church receipts from one of their sex slaves paying her holy dues to the church slaving out her 3-hole district money hole to a stiff dick, hairy legged trick named John paying her in hard cash on the pussy. History books are good for more than torturing students with in High School. **A tip about them is learn to read between the lines.**

**A past or future life recall can trigger physical and psychosomatic recall of pain from unexplainable disease symptoms without a physical reason.**

It is all in your head is the diagnosis. Yes, in a way except it is in your body memory recall installed by a past or future life recall playing out in your mind and the body responds to it with pain. Psychosomatic means head and body. The stigmata mentioned is one such instance. Someone with a relative that was crucified for instance. In a past life recall develops hand and foot nail wounds like the relative who died by crucifixion. The human mind is that powerful!! Information stored in that consciousness that is part of the soul affects the physical body. Understand you memory is not in the brain. Areas of it process the main memory stored in your consciousness picked up from the field as a receiver and processor like a TV set received televised signals. The TV breaks them down into video, audio and more functions using various parts of it that operate separately but work as the whole TV. The brain is like that separate parts of the brain process certain signals that come to it in the same way the TV does. One part of the brain processes pain, another such as memory processes certain specialized memory signals. None is stored in it because physical is weak fragile and easily destroyed or damaged. Body acts only a receiver sending or as an Intel unit like the TV or cell Phone. Your phone calls are not stored or created in it anymore than in a TV. However, the mind field does store this in the mind, body and soul paradigm of corporeality and corporeal existence here. **Nothing receives, stores or plays back a life exactly as does a human being of mind body and soul!** The sentient consciousness that makes it go is core to that past, present & future memory resides there.

The Romans were into traumatic crucifixion as capital punishment as deterrent to a life of crime. In Mideast they don't crucify anymore but have serious consequences to criminal behavior. A person who steals a loaf of bread and runs if caught loses a foot and hand to public chopping block which is very traumatic and generates intense energies stored as memory in the Egregore family or ancestor master memory stored in your family consciousness that you were born into. Provable science is called epigenetics. Science is retarded about coming round to what tribal elders have known for millennia.

From there is where past and future life recall comes from; it is those most, intense memories that hit you first during past or future life recall activities. In Mideast crime punishment after chopping off a thief's foot or hand authorities then hang the hand or foot on a pole in public square as message to all and reminder of consequences when breaking the law against theft. I wonder what they do to white-collar criminals? Chop off their head?

Psychosomatic illnesses are a real problem to some people. US Medical industry back in TV days of Marcus Welby MD learned to profit from them. MD offices were full of people with strange symptoms the week following an episode of Marcus Welby's TV soap opera with those same symptoms and knew name of their disease and cure. After checking over a patient to find no real cause Doctors dispensed sugar pills and a large bill perhaps making up a complicated name or using Welby's term for the patient's disease making it official. That hypochondriac caught every disease except dead off Marcus Welby. Medical industry got rich. Big Pharma marketing took cues to tweak their adds convincing people they had the diseases and big Pharma had the cure just ask your doctor. I think this even has a name **Marcus Welby syndrome aka hypochondria**. It proved how autosuggestion using mass media could influence people's minds to imagine they had a need to buy unneeded shit – lots of it!!! Doctor's would watch the Welby show to get an idea of what s/he would be seeing in his or her office the coming weeks.

People are impressionable especially kids and women. Autosuggestion controls people more than anyone can ever imagine. Tell a person something and most believe it. Tell 10 people what to do and 9 of them will do it! Tell the same lie 3 times to a person from same or different people then viewer's will believe it as truth. Hitler realized that and used it as means to controlling masses to bad ends in WW2. Germany turned on Jews and cooperated in one of history's most cruel persecutions and genocides of human history. Germany was broke. What Hitler and Stalin did was one of the most horrible wealth robbery from have to have not's funding the Nazi War machine and cult. They learned it from the Christians using Inquisitions and holy wars such as crusades to steal from persecuted masses using useful idiot Christian soldier flying monkeys to do it. Self-righteous fanatics thinking they were gods personal messengers dealing out holy penance to greedy haves or rich people crusading aka looting, robbing and stealing for a criminal corporation aka the holy church intent upon ruling the world's poor after making it that way. If a profit existed the holy church had its hands in stealing it.

I learned about flying monkeys as a class clown observing class idiots and bullies. I'd dream up pranks and convince the class idiot to do it. If he got caught it was his ass not mine. He told school authorities that I told him to do what became as in the lost cow incident; squealing on me did not cut him any slack with school officials. And I never thought the fool would actually lead a cow from the Agribusiness, barns into the school and turn it loose. Voof that caused some excitement I tell ya. School authorities were unamused and made the idiot clean up all the cow shit left in the hallways from custodians chasing that thing around trying to catch it that day in what I the schools rodeo. The cow was only frightened otherwise it remained unhurt no animal cruelty involved. Shitting all over the school hallways is a psychosomatic reaction. Ie. the cow



when mentally & emotionally scared the body's first physical response was to run and shit.

Seriously, past life symptoms can be brutal once loosed in your body head. It is an energy thing that registers in the physical. Body memory is what martial artists use to train it to react before the brain has time to think. Recall manifests in both mind and body memory. Body memory reaction pulls your ass off the street crossing as a speeding car with an idiot woman yapping on her cell phone not paying attention to her driving almost took you with her as a hood ornament. The body memory has already pulled you back onto a curb before the brain figured out what happened or can use all that harsh language learned as a sailor in the brain's vocabulary describing the bitches' mother or her sex life on her knees in a red light district alley. Body memory is separate from the brain. CNS is believed to be a second brain that is responsible for body memory and reactions that save it before a sluggish brain can figure out what just happened after the fact. Traumatic recall manifests in both areas as painful mental and physical unexplainable symptoms.

Energy is what this place is all about in toto! Energies moving around and changing states. It is energy pain that one feels. Physical law states that energy is neither created nor destroyed; it only changes states and moves around. Emotional hurts and physical hurts both register in same part of the human brain. A broken heart and broken bone hurt the same to the brain. It cannot tell them apart but both hurt very badly. Same for a past life traumas. THEY HURT. Brain cannot tell difference from past, future or now. To the brain everything is in real time now.

I read an epigenetic article titled: *'Grandma's traumas passed to her children and grandchildren are real.'* I think the author was trying to convey her ideas in layman's terms but she missed the boat. After reducing all her scientific drivel into laymen's terms it said the same as what I wrote above. We inherit family wounds aka traumas from our relatives and their traumas. **What part of your past controls you now?** Is another way to state it. When a person goes into that graveyard of past life regressions there is no telling what will come out of that graveyard to become a living hell reality haunting one for a very long time perhaps all of life. When digging around in the belfry moving old haunts there is no guessing what can come out of that dark dusty place of ancestral family darkness.

BEWARE. This shit is not romantic like those idiot Hollywood fantasy factory movies of 'Ghost' or the 'Ghost and Mrs. Muir.' What comes to a person is more of a curse like '13 Ghosts.' What past life can conjure up could do great harm to a person mentally and psychosomatically. Great evil exists in one's darkness or dark side. History is replete with examples of it. The blood eagle shown below is but one aspect of that evil imagination. Someone thought that up into existence before actually doing it per historical accounts to living humans. Nazi Dr. 'death' Mengele was a fairy compared to that Viking's and that torture. Those Molly Hatchets were some mean hombres in their long boats. Everything even bad man Jose, dogs and cats cleared out of town when those cruel and mean bastards came to town looking for pussy and mead.



BEWARE THE FAKIRS. In one Youtube video that I watched a young attention seeking girl who said that she did not actually do or experience what she was talking about she just heard about whatever it was she was telling people how to do as a self-proclaimed expert. **There you go!!!** Beware of these self proclaimed kook cult gurus seeking worshipers to follow them on a messiah ego trip often with intention of selling worthless trinkets and products to followers. They come on with a religious slant that they know the way and have a bat phone directly to god and a franchise selling god's products much like the christians. We all have a bat phone to god as it were. Just dial in to talk to it. Accessories not required or necessary.

The essay below titled a Tid bit for my thoughts explains the territory one enters in dark regions of mind. Understand that long lost ancestor of yours that burned at the stake put a lot of serious wound trauma into the family egregore and past life regression places that as human steak on a stake roasting over an open flame. The trauma energy will come out through you unpredictably and uncontrollably and once the process begins it must run its course. You cannot stop it. These words will trigger past life regression.

#### **BEWARE USING THEM**

**“recollect all the things that I used to know while devaluing all that I was taught since forgetting the former.”** Use them at YOUR risk.

Words are powerful and have effect. These are that in toto. POWERFUL Repeat them inwardly and outwardly three times and then wait. A regression will happen automatically, unpredictably, uncontrollably. The most powerful, most recent traumatic past life energy will come to you first. Know what that could be before attempting this.

Ie. My ancestors were living in Warsaw when the Nazis occupied Poland. Those that survived the Warsaw uprising and revolt were butchered in Treblinka Nazi death camp that at height of operations murdered 1500 innocent men, women and kids a day. **Let that sink in 1500 dead people a day.** Trauma understates my ancestor's terror. The gas chambers used tank exhaust after running out of Zyklon – B cyanide gas pellets to kill prisoners, which is a suffocating painful and long lasting dying and death. The camp's Jewish prisoner barbers forewarned young frightened girls, especially, *to breathe deeply it will go much faster [breathe deeply you will die faster]*. That terror arrived to me as past life regression being locked in a gas chamber watching the chamber door close before experiencing suffocating to death as in when buried alive in a coffin.

Want to see evidence and remains of that torture? Google photos of Nazi gas chamber inner walls with deep fingernail scratches in them from victims suffocating from tank exhaust trying to claw their way through them to escape. Much can be learned from looking at little details such as scratch marks on a wall. That also came to me in that regression which is why I knew to look for them. Regressions communicate with one

about such traumatic details as if one is actually there again. I learned more about terror without undergoing the actual experience that words fail me to describe.

That was my past life regression recall once triggered. I saw it from inside as the door closed suffocating in a night terror! That terror repeated many times before stopping. I did not want to go to sleep for fear this would return. Terrifying understated my experience. VOOF! Family research confirmed that as the fate murdering some of my Warsaw survivor's ancestor's. I was not there physically but they were. **Nothing records, stores and plays back a life more accurately than a human mind, body and soul.** Their bodies recorded that into the (Universal mind) field or Sheldrake's field as part of my bloodline egregore family forever\* as would one recording it onto video or sound recording physical media for playback on a device. Body is recorder, storage and player. Understand that you do not control any of this so what ever bobs up from dark places of mind is your trip to ride out until it finishes.

\*Nothing here ever dies away permanently. It always remains as a permanent part in another state as in energy is never destroyed it only changes states and moves to another neighborhood as it were. Aforewritten is epitome of that physical law. Nothing one does or says ever goes away. Everything we do becomes and remains an aspect of the whole cosmos forever in a different form or state. Understand that it helps.

Wounded healers and hypnotists face this unknown terror; so, do those who use Psilocybin mushrooms, Ayahuasca and mescaline as gurus when someone freaks out while on psychedelics after the ritual using these drugs triggers recalling ancestral wounds that create bad trips. Fooling around in dark places of mind is dangerous. Shrinks do a lot of damage out of ignorance especially at VA triggering suicidal depressions in vets that relive a war trauma knocked loose because of some goddamned idiot doctor or other provider's stupidity and ignorance. The sadistic bastards do this intentionally using induced suicide torture developed during Korean War used on POWs' theirs and ours and by MK – Ultra era of mind and brain experiments. Remember the 1960's turn on, tune out psychedelic period before LSD was illegal and it was supplied freely to hippies everywhere as human lab rats to test? There you got it. That is how these viruses such as HCV & Aids etc get into the herds for PTB monitoring how the agents move through general populations. That should make you Covid Vaxxers nervous just a little bit who asked for it and got it.

VA place is nothing but sickness, darkness, crippled, dying and ill people especially those with deep mental wounds from shell shock war trauma. Hiring a bunch of sadistic, half-wit, genetic misfire civilian nurses or doctors who never saw war but on TV to treat, and mistreat veterans is completely insane but that is US socialized medicine for ya. Lack of conscience in mistreating humans as dog shit under their Nazi jackboots helps to murder we vets too. They continue early induced suicide experiments using new

drugs under guise of veteran healthcare. Don't get up about that all you buttercup civilians this is in your healthcare clinics too. If there is a buck in it US-MD's have their hands in the pork till buying and selling out your asses like pork bellies on open commodity markets.

True wounded healers such as Mother Theresa know what to do with this in taking on blood wounds inductively to mend a rift in ancestral lines. They are few on the planet now because this place is so hard on them. The myth of JC the Nazarene is Archetype of a true wounded healer. Mother Theresa is a more recent now dead example of that. When real spiritual wounded healers heal a bloodline mending goes end to end on the entire duality continuum. Some philosophies say it is only 7 generations to and fro. I am for the first theory. Currently only two wounded healers exist on the planet at the moment. Humanity is a very sick race of infinite wounds. Not a good place for healers except as a bitch of an assignment. Consequently, the demons run amok currently.

Shamans and gurus know nothing except their way if that much because if the person understood s/he would know that each person's spiritual way is personal and inside of an individual to find within. That their way cannot be found by anyone else, taught, sold, told, given or anything of the sort. The light unto your path already is within and in your possession never outside of one. The kingdom of heaven is within you as JC the Nazarene stated millennia ago. Telling people that they needed no 'body,' no one in a body can deliver redemption and salvation to anyone else got him into big trouble with cult religion fakirs making a fortune ripping off people thinking that they were buying their way into heaven. Its like forgiveness. I cannot forgive anyone except to self. Never to anyone else. One transgresses against self. As in lying – one lies only to the self in a self-deception. Anyone selling it to you is at best only a fraud and the finger pointing at the moon, which is you the seeker. I am never a finger pointing at the moon. That is the only reason fakirs and spiritual frauds exist is to teach people what is not; to know what **is** one must know what is not and vise versa. **How much punishment will you take before learning the lesson? Is the frauds message and question to students and followers.** No one knows your way home but you. Beware, fakirs abound and profit well from the unwary as they have for millennia. Some gurus out there do warn potential spiritual seekers about dangers of awakening out of the dream or Matrix as it were especially when using psychedelics such as mushrooms, Mescaline and LSD. People on a spiritual high as it were may mean well but these Chicken Little's can cause much harm when posing as healing messengers. Like the aforewritten attention seeking girl.

Investigate your family bloodlines for serious ancestral wounds. Tribal spirit bearers knew about those things and how ugly they can be. One big hazard of alcohol among Indian tribes besides their ignorance and intolerance to it was that it triggered many uncontrolled past life recalls sending them out of control. The archetype of Jesus is one such bearer or wounded healer. He took on to shoulder as beast of burden the sins of humanity as a wounded healer archetype to heal them or as religions say to forgive humanity's' sins; People on a messiah ego trip think they can do likewise as a fraud christ

Mythical Titan Atlas is an archetype for that too. He shouldered the human worlds' burdens carrying the planet on his shoulders.

Humanity is a very heavy burden. These spirit bearers in myth released earthbound human souls from their enchained wounds of the human condition holding them to earth. These pattern archetypes exist in every culture dogma in many forms same as in organized religions and all have that as a common underlying mostly lying core. Claiming to release humans from personal responsibility for his or her actions. Playing as a mythical, metaphysical, scapegoat, Avatar as it was.

Delving into family ancestral wounds can bring a world of past life, unanticipated pain and troubles into your life that you never expected to arrive. One just never knows what is hidden away in his or her family's belfry & bloodline past. Decades ago a young woman & voyeur sparked the inspiration to write *A Tidbit for My Thoughts*\*\* which explains this essay's point well I think. Mass media and cinema and TV fantasy productions mislead people into dark uncharted waters so use caution when fooling around with past lives regression. **Nothing records, stores, and plays back a life more accurately than a human mind body and soul.** These memories are stored in the etheric family egregore field of a bloodline's lineage that a soul is born into that a soul needed to spiritually evolve. You as a soul were not there but someone in a body was to undergo and record that experience now playing back through you once triggered by an event. Like Frankl's concentration camp experience so that he could record his experience in a mass produced book for the world to experience without enduring the actual torture. Same for an ancestor recording their life in the etheric egregore field that plays back for descendants. In a flashback as it were. It is amazing how real these seem when playing out. Like HD virtual experiences except in a different reality beyond belief. Ever hear of a stigmata? Physical wounds can erupt on a person experiencing a mimic physical injury from another person in a past life. Sent with love from your long lost ancestors. Spooky stuff.

Wounds can be mental and emotional as well as physical. Be very careful when recollecting the things you once knew in present real time. Some buried pasts especially unresolved ancestral traumas are best left undisturbed in your graveyard past. Recurring night Terrors and nightmares are of made of this stuff I tell ya!. Epigenetic science is proving this ancient knowledge in the laboratory as a valid phenomenon known for millennia by tribal elders of yore. Hypnotists have known of past life dangers when performing regressions to avoid them, too. *Total Recall* has a core of abstract truth, which roots in this phenomenon.

Decades ago Arnold Schwarzenegger played in a movie *Total Recall* using past life recall as base to past life recall in a sci-fi sense. Know what you are doing tinkering with a dark unknown past. Because if you trigger a serious past trauma into playback the shock could be far more than you ever imagined or can handle or sanely live through. This is involved in self-knowing phase of an awakening. When one of these triggers into playback you are not only observer but an active participant involved and living in an ancestor's body, mind and soul drama. You are the movie theater and on the stage acting

out a role! Caveat Emptor! People undergoing psychedelic trips often freak out when finding selves looping in one of these while hung deep in dark realms of the self-knowing. Ayahuasca and shock or trauma triggered psychic visions are made of this stuff. One feels like s/he is coming undone or shelling out and **going insane in I can't believer this is happening to me reality of dark mind.**

Some people of weak constitution sometimes do go out to not come back sane again. Self knowing is the hardest thing one will ever do under best of experiences. That is when a person discovers s/he is not the person the individual thought. One faces self as an alien not from this planet. Knowing one's dark side is part of that experience.

An unplanned triggered past life recall is not under the best of circumstances. They are known as spontaneous Kundalini awakenings among other names. Most people fear facing true self as a fate worse than death while being trapped inside the mind where you cannot escape and where no one can hear your screams not even you! That is a grave danger of going into one. A person can get hung in one and never come out. Teh dark trauma energy can mentally lock a person into it and s/he cannot mentally escape. The body fail safes go catatonic which is a kind of mental coma where one is locked inside where no body can hear your screams. Happens all the time and drugs get the blame because of denial and ignorance about this phenomena that epigenetic sciences are only beginning to recognize.

**C. G. Jung said, 'People go to the most absurd extremes to avoid facing selves as a soul.' That is self-knowing and it is not a pretty or comfortable self-realization.**

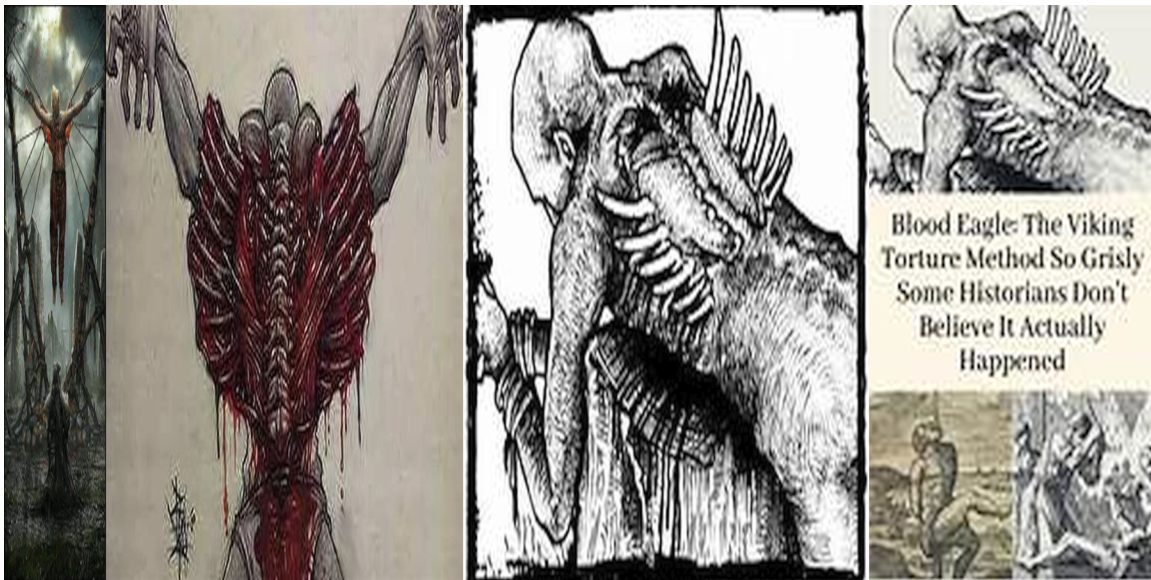
**Elites know this and have since god set foot on this rock, which is a serious reason why Elites keep their bloodlines pedigree pure of outside wounded corruption infecting their family lineage.** That pretty little hammer with a mouth watering ass may harbor serious bloodline diseases beyond the shit out here that bites and holds a guy for life on first contact. One never knows what beasts lurk within anyone dating back centuries or millennia into or beyond the darkest ages of humanity. Some of the nastiest things went on them. Unbelievable horrors people did to each other just for kicks. Google '**blood eagle**' Viking torture and bronze bull execution methods. When the Dark Age Viking godfather came to take over a turf or town all the Godfather sent as his message making the standard deal that you cannot refuse it was only two words **Blood Eagle** and current politicians left town with no lip on the run. That is how terrifying was just the word. Humans are creative in cruel ways of hurting and killing each other. Blood Eagle examples it. **What I am writing to caution is if serious trauma exists in your family lineage that torture trauma could arrive as your terrifying past life regression to relive.** You have no control as to what comes up from the inky black. No TV guide to thumb through one gets what ever breaks and bobs up first is what you catch. Do not let those glitter kiddies on Youtube or other fakir sites convince you past life regression is a



wonderful experience or a cakewalk in the park. And that a spiritual awakening is a walk in central park, either!! You could end reliving your worst living nightmare as pain of boiling in oil or as a blood eagle execution or tooting in a bronze bull roasting alive on high heat. Look it up...I cannot believe human cruelty in finding new ways to make people scream for amusement undergoing torture-some fates worse than death - the human dark side is that bad and worse, I tell ya.

***A little old saying, never return to the past. There was a reason for leaving it behind. Every time I ever broke that rule it came to a stony end for me.***

### BLOOD EAGLE TORTURE AND EXECUTION



**\*\* A Tidbit for My Thoughts? © Xen. 14th**

A woman once inquired of me, “a penny for your thoughts?” ‘Intrude upon my thoughts?’ asked I? “Yes, it would be such fun to clairvoyantly read other people’s minds, don’t you think?” quipped she. No, I do not. Such invasion is naive, rude, and very dangerous. Think of the darkness within your psyche that out of consternation you deny exists; then peer into the terror living there; the secrets, only you know, from which in panic the deepest evil nightmare flees trespass. Then understand that those same spaces exist in everyone. Deep within you are many fears that once desecrated - as a lesser grace - only complete insanity or death can grant redemption. However, neither venture close; they abandon in horror - refusing to look upon your hell of which only you must face. Death, ‘god,’ Satan even Angels will not go in there; nothing can enter your darkness except you; where only you can hear ***your suffocated*** screams! Envision violating another person’s unconsciousness to unwarily enter that unimaginable realm; where a freezing presence permanently grips one from escape, and only extinction can grant mercy from horrific eternity. *Entering another’s darkness will consume you in Toto.* That out-limit exists in each of us. So, do you still wish to voyeur a forbidden netherworld within me that remains unacknowledged inside of you.